
Childbirth Educator Certification

Certification REQUIREMENTS



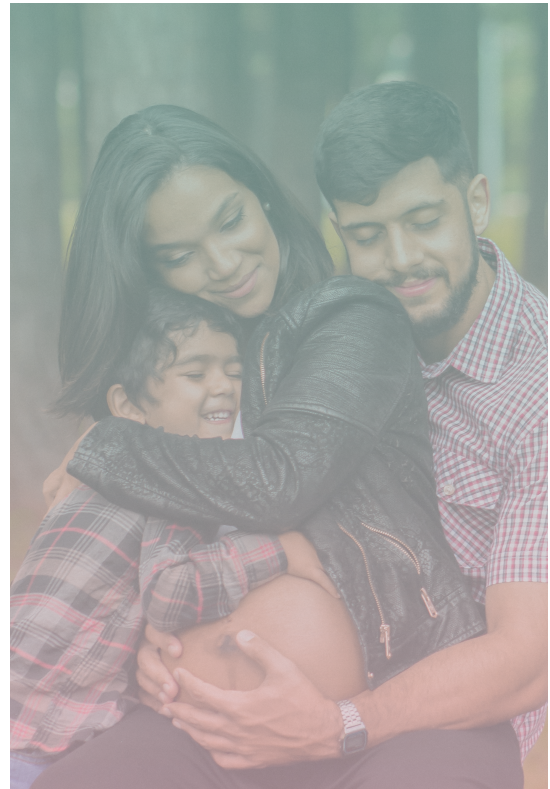
PREREQUISITE: Need to be a doula or birth worker

photo credit: Toni
Nichole Photography

- Must be 18 years of age
- Complete a bebo mia Childbirth Educator training.
- 24 months to complete the requirements *special permission required for exceptions
- Read all books on the bebo mia book list and provide a book review of 1 book
 - * See the “Style Guide for a Book Review” for

information on how to complete the book reviews.

- Read and sign the bebo mia Standards of Practice and Code of Ethics
- Homework is required
- Need to complete the required reading list
- Need to complete the final exam with a grade of minimum 85% (multiple choice)
- Need to submit a video



Required Reading List

Click on the book title for the direct purchase link.

[Childbirth Without Fear](#) - Dr. Dick-Read

[Childbirth and the Future of Homo Sapiens](#) - Dr. M. Odent

[Blink](#) - Malcolm Gladwell

[The Four Agreements: A Practical Guide to Personal Freedom](#) - Don Miguel Ruiz

[Daring Greatly](#) - Brene Brown

[The Brain That Changes Itself](#) - Norman Doidge

[Optimal Care in Childbirth](#) - Henci Goer

“Because every woman {person} deserves healthcare answers she {they} can understand.”

-JENNIE JOSEPH

Papers/Research Required Reading

1. ACOG Statement on Safe Prevention of the Primary Cesarean
2. WHO recommendations Intrapartum care for a positive childbirth experience: Executive Summary
3. Slideshow: WHO recommendations
4. Alarming Racial Differences in Maternal Mortality

Video Submission

1. Must be between 7-12 minutes in length
2. You must choose a topic and teach it using props, activities, slides and/or interactivity. Choose any topic. Yes, ANY! Choose a topic that you feel most drawn to or that you are most excited to teach/talk about during your classes.
3. State at the beginning of your lesson who your hypothetical class participants are.
4. Upload the file to Dropbox, Vimeo or YouTube and set it to private so that you can share it with us.
5. Please see marking rubric on page 6.

Style Guide for a Book Review:

Subject matter – what type of book is this (ie general interest, technical research, skill development)

Author's purpose for writing the book – if this is not stated what do you think the purpose is?

Target audience - is this written for health care community or for general population

Author's style - is it formal or informal? What level of education is required to understand the content?

Value of information provided – is the information offered factual, well researched and evidence based? How was this accomplished? Are the references easy to check? Did the author include footnotes or recommended readings? Does the information in the book work for the target audience? Are there any audiences who would not benefit from reading this book? If this book is an older publication does the information still have relevance for today's audience?

Structure of information – are the author's thoughts/concepts well organized and does the book have a logical flow? Can the books information be easily accessed through the index? If there are examples are they easy to follow? If there are illustrations included are they clearly executed and relevant to the subject?


Effect on the reader – how did this book make you feel about the topic? Did you learn anything new or change your opinion about the topic after reading this book? Are there additional resources which you would recommend for use along with this book to improve its purpose? Under what circumstance would you recommend this book?

Meeting the target – how well has the author fulfilled their goal for writing this book? What effect do you think this book will have on the target audience?

Reviews should be a minimum of 500 words in length and should not exceed 800 words. Review format should be in black, 12pt. Arial font, with line spacing set to 1.5. Please include author's name and publishing information.

Essay Rubric


(please attach to your book review)

 Criteria	Uses a high level of skill in articulating and achieving objective.	Demonstrates inconsistency in executing skills to articulate & achieve objective.	Inappropriate or little use of skill in articulating or achieving objective.
Format			
Includes introduction, body paragraph, conclusion	2	1	0
Between 500-800 words	1	-----	0
Responds to all the questions posed in the assignment description	2	1	0
Reference list is properly cited	2	1	0
Proper in-text citation is used	3	2	1 0
Introduction			
Introduction of topic provides insight into book subject matter	2	1	0
Clearly identifies the author's purpose for writing the book	2	1	0
Clearly identifies the target audience	2	1	0
Body Paragraphs			
Clearly identifies the value of the information provided in the book	3	2	1 0
1-2 critiques of the author's structure of information	3	2	1 0
Clearly articulate the effect on the reader	3	2	1 0
Discussion of why/why not you would recommend the book	3	2	1 0
Analysis of whether the book meets the target market	3	2	1 0
Conclusion			
1-2 sentences that summarize main ideas/points	3	2	1 0
1-2 sentences that "wraps up" essay	2	1	0
Organization, Grammar, and Spelling			
Essay is organized and logical	2	1	0
Use of accurate grammar and spelling throughout	2	1	0

Score: /40
(32/40 is required to pass)

Video Rubric

(please attach to your package with the video file)

 Criteria	Uses a high level of skill in articulating and achieving objective.	Demonstrates inconsistency in executing skills to articulate & achieve objective.	Inappropriate or little use of skill in articulating or achieving objective.
Appearance			
Professional and tidy looking clothing	2	1	0
Props and visual aid were clean and professional	2	1	0
Introduction			
Introduction of topic provides insight on lesson subject matter	2	1	0
Clearly identifies the audience	2	1	0
Lesson			
Connects why this topic is important	3	2	1 0
Provides evidence-based information throughout lesson	3	2	1 0
Cites the sources of the information	3	2	1 0
Encourages listener to use their BRAIN on the topic	3	2	1 0
Presents the topic's pros and cons equally.	3	2	1 0
Does not show bias on the topic	3	2	1 0
Encouraged interactivity with listener	3	2	1 0
Considers different learning styles	3	2	1 0
Uses inclusive language through the lesson based on identified class participant preferences.	3	2	1 0
Conclusion			
Summarizes main ideas/points	3	2	1 0
Criteria Met			
Video is between 7 - 12 minutes	1	_____	0
Used appropriate props, visual aids, or handouts for the lesson	1	_____	0

Score: /40
(35/40 is required to pass)